Semester & Year Spring 2018

Course ID and

Psychology -1-V3997

Instructor's Name

Deanna Herrera

Number of Credits/Units

**Section** #

3

Office hours

By appointment

**Contact Information** 

Email address

Deanna-Herrerathomas@redwoods.edu

Title &

Psychology Themes and Variations 10<sup>th</sup>

Edition Author

Wayne Weiten 10<sup>th</sup> edition

**Bookstore ISBN** 

Textbook Information

1305630556

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses <a href="Student Learning OutcomesThis">Student Learning OutcomesThis course is designed to provide you with an introduction to the field of psychology. Students should be able to accomplish the following goals throughout our semester together:

- 1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
- 2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socioeconomic status, disability, and sexual orientation.

- 3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
- 4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

# **Necessary Computer Skills**

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Computer Requirements: Most computers and internet providers are adequate. Broadband services from cable, DSL or satellite providers are recommended. You will need to have access to the internet at least three times a week for 16 weeks. Anticipate problems with your computer and internet access by completing your work early and staying up to date.

# **Technology Support**

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### **Special Accommodations**

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## **Regular Effective Contact**

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CR-Online (Resources for online students): http://www.redwoods.edu/online

Library (including online databases): http://www.redwoods.edu/library/

Canvas help and tutorials: http://www.redwoods.edu/online/Canvas

Student Online Hand Book:

http://www.redwoods.edu/Portals/72/Documents/Students/CR-OnlineStudentHandbook.pdf

## **Course Communication**

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**Proctoring** 

Proctoring is not required for this course

# **Detailed Syllabus**

General Psychology-Psych. 1- V3452

**Instructor: Dr. Deanna Herrera (I prefer to be called Deanna)** 

Email: Please use your Canvas email or send a message to Deanna-

Herrerathomas@redwoods.edu

Office Hours: Thursday mornings between 9:00 and 11:00 or another time scheduled

# **Course Objectives**

This course is designed to provide you with a foundational understanding of the riveting field of psychology (truly, it *is* riveting). Although, this will not be an easy task, it need not be painful and we should have fun accomplishing this goal. Keeping up with reading (or the audio presentation of the reading) is essential to your success in this course.

### **Expectations and Commitments of Students**

It is necessary to keep up with the reading that is embedded in the Modules provided on Canvas and additional unit discussions. Each chapter will include assignments related to it, as well as additional materials that support the information (such as videos, images, PowerPoint, research articles etc...). Please give yourself the best opportunity to succeed by participating in discussions and take extra credit assignments seriously and get your work in on time. This three credit-hour class will require about nine hours per week of your time. You must carefully read textbook chapters, submit thoughtful writing assignments, complete a research paper analysis, and successfully demonstrate your learning in exams. Conscientiousness, courteousness, attention to details, reading writing and study skills are critical to your success. It is highly recommended that you have taken English 1A to take this course and be successful in it. Because there is flexibility built into the schedules of online courses you will need to monitor when and how much you read and work on assignments. Creating a weekly study schedule is helpful.

If for any reason there are issues impacting your ability to complete work it is incumbent upon you to contact me, and I encourage you to do so, before you fall behind. Reach out and let's see what we can do together to keep you up-to-date with assignments.

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# **Expectations for your Instructor**

I will get back to you as soon as is feasible and in no later than 48 hours, except for on the weekends and holidays. Every assignment I grade I do so with equanimity, meaning that, I do not judge my students for the work they turn in or the grades they earn. I only judge the assignments based on criterion set in the rubrics (elements that are assigned specific points). I will make every effort to assure that all students are provided with the material in a manner that optimizes success. Some assignments require more time to grade than others do, and grading can take up to two weeks, depending upon the length and quality of papers I receive. Please read over editing comments I supply you with on your papers because this is a great way to develop written communication skills. However, I do not accept rough drafts. It is incumbent upon you to edit your work, have college level reading and writing skills, and obtain support from the student resources noted above if needed. In addition, there is a writing "packet" I supply you with that is complete with online peer editing sites, online writing sites for American Psychological Association Style (APA), model papers completed by students from past classes, research instructions, APA form in a nutshell (what you will need for purposes of the final paper), a very detailed rubric, and topic suggestions. Expect an extra credit assignment or two and this is a great opportunity to bolster your scores on tests or quizzes you may have scored lower on than you hoped.

Resources will be provided to inform all students about copyright law, plagiarism, and cheating in general. It is up to me to determine if cheating has taken place and if I believe that it was intended. If I determine that academic dishonesty has been intentionally engaged, then I will remove the student from the course for two weeks and this will gravely impact their grade. If the dishonesty is egregious, I reserve the right to contact the administration and give the student an "F" on an assignment or in the course. Please review the Academic Policy on the cover page and ask me any questions you may have regarding the policy.

# **Drop and Withdraw**

Students may withdraw themselves and instructors (AP 5075) are allowed to withdraw students from class for non-participation or excessive absences through the 10<sup>th</sup> week of class. If a student misses more than half of the time in the four weeks they will be dropped. I highly recommend that you drop yourself before the census date so that you will be dropped from my role. Below you will find important dates, including those for dropping and withdrawing. Be sure to check with admissions if you are considering withdrawing after census so that you will receive a refund.

# **Important Dates**

Jan. 13, classes begin, Jan. 19th is the last day to add a class, Jan.26th is the last day to drop and obtain a refund, Jan. 26th is the last day to drop without a W.

Jan. 29th is CENSUS DAY. This means you should drop yourself by this day to assure that you are dropped from the course.

Spring Break is March 12-16th and May 7th begins the Finals week.

**Course Participation Policy** 

Students are expected to participate in weekly class discussions. When group assignments and discussions are scheduled, it is each student's responsibility to participate accordingly and to get the assignments in as required by each rubric that is posted with the particular activity. If nothing is posted in one week the instructor will not allow for make-up work unless specific permission is given via email communication. If a student misses two weeks in a row (by not turning in assigned material, engaging in discussions and completing assignments) they will be automatically dropped from the class. Missing one week will seriously impair performance.

# **Course Requirements and Grading**

### **Discussions**

Each week will include a discussion essay and this is worth 10 points. Discussions will also include responses to other students worth a total of 20 points for 2 replies. Responses should be three very thoughtful paragraphs long.

The essays are to be 200 words long and the responses can be of any length.

The essays should be free of grammatical and spelling errors and provide a thoughtful analysis of the question posed or prompt. Citing specific examples is expected. You do not need to relate any material to yourself, but if you choose to do so, this is wonderful. Detailed rubrics are easily accessed by clicking on the gear icon and there you will find the point break-down.

Discussions are worth a total of 260 points

# **Quizzes**

Most weeks will include quizzes. Most will allow for two attempts with no time limits. The highest scores will be tallied. However, there will be no late quizzes accepted.

These are worth 130 points total

# **Research Assignments**

# **Group Collaboration**

Each student will be assigned a group to complete one written assignment. You will be assigned a focus group where you will generate one research paper analysis that will be provided within Assignments and in the Modules. Each group will be given a research paper to critique and through discussion will produce one essay (I will receive the same essay from each group member).

This is collaboration is worth 10 points

# **Final Research Paper**

This assignment requires that each student complete one research paper on an area of their choice. Any topic within the field of psychology is acceptable so long as there is available research to include in the reference section. This requires some research on the library databases. The expectations, rubric and instructions will be provided to you in detail. This is an APA paper and may be the first research paper you have completed on your own. I have ample materials to support you and will give you very detailed instructions with sample student papers to guide you.

This paper is worth 100 points.

## **Midterm**

The midterm is worth 100 points and will cover the topics from Chapters 1-9. The midterm will consist of essay questions that require you to demonstrate a thoughtful integration of concepts learned.

# **Final**

The final will be an essay exam worth 100 points and will cover the second half of the semester material from the mid-term on.

The Final is worth 100 points.

**Grading Scale** 

93%+=A	
90-92%=B	
87-89%=B+	
83-86%=B-	
80-82%=C+	
77-79%=C+	
70-76%=C	
6—69%=D	

Learning Units	Topic	Assignments
Learning Unit I.		
Foundations of Psychology		
Week 1	Introduction and Welcome!	Read Chapter 1. Discussion/Essay
Jan.15-21		Quiz Read Chapter 2.
Week 2	The Foundations of	-
Jan. 22-38	Psychology	Discussion/Essay
		Quiz
Week 3		Read Chapter 3.
	Research Methods	Discussion/Essay
Jan.29- Feb.24		Quiz
		Read Chapter 4.
Week 4	D ' 1D'1	-
Feb.5-11	Brain and Biology	Discussion/Essay
		Quiz
Week 5	Consistion and Dargantian	Read Chapter 5.
Feb.12-18	Sensation and Perception	

Discussion/Essay

Quiz

**Learning Unit II.** 

Week 6

Feb.19-25

**Learning and Cognition** 

Read Chapter 6.

Consciousness Discussion/Essay

Quiz

Read Chapter 7. Week 7

Learning Discussion/Essay Feb.26-March 4

Quiz Read Chapter 8.

Week 8 Discussion/Essay
Memory

March 5- 11 Collaboration Assignment (Read

Assignment Instructions)

Week 9

Read Chapter 9.

Spring Break (March 12-18)

Language and Thought Discussion/Essay

Week 10 Quiz

March 19-25

Learning Unit III.

Human Factors
Week 11

Motivation and Emotion Read Chapter 10

March 26-April 1
Week 12

Development Read Chapter 11. Discussion,
Research Paper Overview, Quiz

April 2-8

Read Chapter 12

Week 13 Discussion/Essay

April 9-15 Personality Theory
Library Research Overview

Quiz

Read Chapter 13

Discussion/Essay, Quiz

Social Behavior Work on Research Paper:

Choose a Topic, Find 3
Research Articles

Learning Unit IV.

Week 14

April 16-22

**Disorders and Treatment** 

Week 15

Psychological Disorders

Read Chapter 14.
Discussion/Essay

April 23-29 Quiz

Read Chapter

Week 16 15 Discussion/Essay

April 30-May 7 Quiz

Week 17 Final

May 7

The instructor reserves the right to modify the syllabus as the course is in session to accommodate a variety of issues that could arise, with the goal of benefiting students.

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Semester & Year Spring 2018

**Course ID and** 

Psychology -1-3452 **Section** #

**Instructor's Name** 

Deanna Herrera

Number of **Credits/Units** 

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By appointment

**Contact Information** 

Email address

Deanna-Herrera-Thomas@redwoods.edu

Title & Edition

Psychology Themes and Variations 10<sup>th</sup>

Author Wayne Weiten 10<sup>th</sup> edition

**Bookstore ISBN** 

**Textbook** Information

1305630556

**ISBN** 

# **Course Description**

An introduction to the empirical factors that influence human behavior, child development, learning cognition, motivation and emotion, personality, social processes, biology and pathology.

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representing appropriate breadth

and depth of knowledge within the context of historical trends in psychology.

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Spring Break is March 12-16th and May 7th begins the Finals week.

# **Course Participation Policy**

Students are expected to participate in weekly class discussions. When group assignments and discussions are scheduled, it is each student's responsibility to participate accordingly and to get the assignments in as required by each rubric that is posted with the particular activity. If nothing is posted in one week the instructor will not allow for make-up work unless specific permission is given via email communication. If a student misses two weeks in a row (by not turning in assigned material, engaging in discussions and completing assignments) they will be automatically dropped from the class. Missing one week will seriously impair performance.

# **Course Requirements and Grading**

#### **Discussions**

Each week will include a discussion essay and this is worth 10 points. Discussions will also include responses to other students worth a total of 20 points for 2 replies. Responses should be three very thoughtful paragraphs long.

The essays are to be 200 words long and the responses can be of any length.

The essays should be free of grammatical and spelling errors and provide a thoughtful analysis of the question posed or prompt. Citing specific examples is expected. You do not need to relate any material to yourself, but if you choose to do so, this is wonderful. Detailed rubrics are easily accessed by clicking on the gear icon and there you will find the point break-down.

Discussions are worth a total of 260 points

# **Quizzes**

Most weeks will include a quizzes and the points vary depending upon difficulty level. However, there will be no late quizzes accepted and they are 10 points each.

These are worth 130 points total

# **Research Assignments**

# **Group Collaboration**

Each student will be assigned a group to complete one written assignment. You will be assigned a focus group where you will generate one research paper analysis that will be provided within Assignments and in the Modules. Each group will be given a research paper to critique and through discussion will produce one essay (I will receive the same essay from each group member).

This is collaboration is worth 10 points

## **Final Research Paper**

This assignment requires that each student complete one research paper on an area of their choice. Any topic within the field of psychology is acceptable so long as there is available research to include in the reference section. This requires some research on the library databases. The expectations, rubric and instructions will be provided to you in detail. This is an APA paper and may be the first research paper you have completed on your own. I have ample materials to support you and will give you very detailed instructions with sample student papers to guide you.

This paper is worth 100 points.

### Midterm

The midterm is worth 100 points and will cover the topics from Chapters 1-9. The midterm will consist of essay questions that require you to demonstrate a thoughtful integration of concepts learned.

### **Final**

The final will be an essay exam worth 100 points and will cover the second half of the semester material from the mid-term on.

The Final is worth 100 points.

<b>Grading</b>	Scale
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93%+=A

90-92%=B

87-89%=B+

83-86%=B-

80-82% = C+

77-79%=C+

70-76% = C

6-69%=D

Learning Units Topic Assignments

Learning Unit I.

**Foundations of Psychology** 

Week 1 Read Chapter 1.
Introduction and Welcome! Discussion/Essay

Jan.15-21 Quiz

W. 1.2		Read Chapter 2.
Week 2	The Foundations of Psychology	Discussion/Essay
Jan. 22-38	,	Quiz
Week 3		Read Chapter 3.
Jan.29- Feb.24	Research Methods	Discussion/Essay
		Quiz Read Chapter 4.
Week 4	Brain and Biology	Discussion/Essay
Feb.5-11		Quiz Read Chapter 5.
Week 5	Sensation and Perception	Discussion/Essay
Feb.12-18	Sensation and refeeption	·
Learning Unit II.		Quiz
Learning and Cognition		
		Read Chapter 6.
Week 6	Consciousness	Read Chapter 6. Discussion/Essay
	Consciousness	Discussion/Essay Quiz
Week 6		Discussion/Essay  Quiz  Read Chapter 7.
Week 6 Feb.19-25 Week 7	Consciousness Learning	Discussion/Essay Quiz
Week 6 Feb.19-25		Discussion/Essay  Quiz Read Chapter 7.  Discussion/Essay  Quiz Read Chapter 8.
Week 6 Feb.19-25 Week 7 Feb.26-March 4		Discussion/Essay  Quiz Read Chapter 7.  Discussion/Essay  Quiz
Week 6 Feb.19-25 Week 7 Feb.26-March 4 Week 8	Learning	Discussion/Essay  Quiz Read Chapter 7.  Discussion/Essay  Quiz Read Chapter 8. Discussion/Essay  Collaboration Assignment (Read Assignment Instructions)
Week 6 Feb.19-25 Week 7 Feb.26-March 4 Week 8 March 5- 11	Learning	Discussion/Essay  Quiz Read Chapter 7.  Discussion/Essay  Quiz Read Chapter 8. Discussion/Essay  Collaboration Assignment (Read

# March 19-25

# Learning Unit III.

### **Human Factors**

Week 11

Motivation and Emotion

Read Chapter 10

March 26-April 1

Week 12

Development

Read Chapter 11. Discussion,

Research Paper Overview, Quiz

April 2-8

Read Chapter 12

Discussion/Essay

Week 13

**Personality Theory** 

Library Research Overview

April 9-15

Quiz

Read Chapter 13

Discussion/Essay, Quiz

Week 14

Social Behavior

Work on Research Paper:

Choose a Topic, Find 3

April 16-22

Research Articles

# Learning Unit IV.

### **Disorders and Treatment**

Week 15

April 23-29

Read Chapter 14. Discussion/Essay

Psychological Disorders

Quiz

Week 16

Read Chapter

Treatment

15 Discussion/Essay

April 30-May 7

Quiz

Week 17

Final

May 7

The instructor reserves the right to modify the syllabus as the course is in session to accommodate a variety of issues that could arise, with the goal of benefiting students.

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